

# The Swan at Stoford - Enjoy your stay

## Walking Routes

The Woodfords to Stoford and back  
(Walk ID: 682) 8.07 miles

From the Wheatsheaf Inn at Lower Woodford, walk northwards along the River Avon through Middle Woodford, to turn left opposite Heale House and cross the plains, following a portion of the Monarch's Way to Stoford. Return by a different route, with great views and a good chance to see deer, hares and other wildlife.

Great Wishford - Ditchampton -  
Burcombe - Great Wishford  
(Walk ID: 3208)

A circular walk over the downs west of Salisbury, the majority of it between the Wylde and Nadder Rivers. The walk provides great views over the river valleys and an interesting walk along a Roman road through the woods. You can also check how the price of bread has changed since 1800. Options are for 4.3 or 9.1 miles. 10.99 miles

Old Sarum - Stratford-sub-Castle -  
Durnford - Lowe (Walk ID: 3352)

Starting from the English Heritage site at Old Sarum, this walk takes you along the lovely valley of the River Avon then, having visited three charming Wiltshire villages, returns via a higher-level ridge with good views.

Great Wishford - Grovely Wood -  
Grim's Ditch - Great Wishford  
(Walk ID: 515)

A lovely wooded walk with great views over the Wylde Valley through the trees, following Grim's Ditch and a Roman road. - 7.45 miles

Stratford-sub-Castle (Walk ID: 4751)

From Stratford-sub-Castle on the edge of Salisbury, this walk takes some of the many urban footpaths to visit the Avon Valley Nature Reserve before a busy residential area, followed by the green areas of Bishopdown and Castle Hill. 4 miles

Winterbourne Dauntsey - Figsbury  
Ring (Walk ID: 4773)

A most pleasant countryside walk from Winterbourne Dauntsey to visit Figsbury Ring and circling back through Winterbourne Earls - 5.5 miles

## Cycle Routes

Cycle Route 1 - Avon Valley Explorer  
- 45 km/ 28 miles 5-6 hours

Moderate

Follow the Avon River from the Vale of the White Horse via Stonehenge and Old Sarum Castle to Salisbury Cathedral. Combine with the Wylde Valley and Salisbury Plain Explorers for a spectacular three-day circular navigation of South Wiltshire.

Cycle Route 2 - Wylde Valley  
Explorer - 33 km/ 20.5 miles 4-5  
hours Moderate

From the Cathedral City of Salisbury past the majesty of Wilton House, take the back road through the Wylde Valley past some of Wiltshire's finest chalk downland to the market town of Warminster. Combine with Avon Valley and Salisbury Plain Explorers for a spectacular three-day circular navigation of South Wiltshire.

Cycle Route 3 - Salisbury Plain Explorer - 53 km/ 33 miles 6-7 hours Moderate

Cycle the range from Westbury White Horse to the Pewsey Vale. From tanks to wild orchids, explore this unique cycle route around the Imber and Larkhill military ranges. Combine with Avon Valley and Wylde Valley Explorers for a spectacular three-day circular navigation of South Wiltshire.

Cycle Route 4 - Woodford Valley Circuit - 26 km/ 16 miles 3 hrs 30 mins Moderate

Explore some of Wiltshire's finest villages, delight in the natural beauty of the River Avon and see the ancient archaeology of Old Sarum and Stonehenge.

Cycle Route 5 - Wylde Valley and  
Grovely Ridge - 27 km/ 17 miles  
4 hours Moderate OR 15 km/ 9.25  
miles

Cycle the quiet, broad avenues of Grovely Wood then descend into the tranquil Wylde Valley for refreshments and an easy ride home. Choose from the long or short option to suit your time.